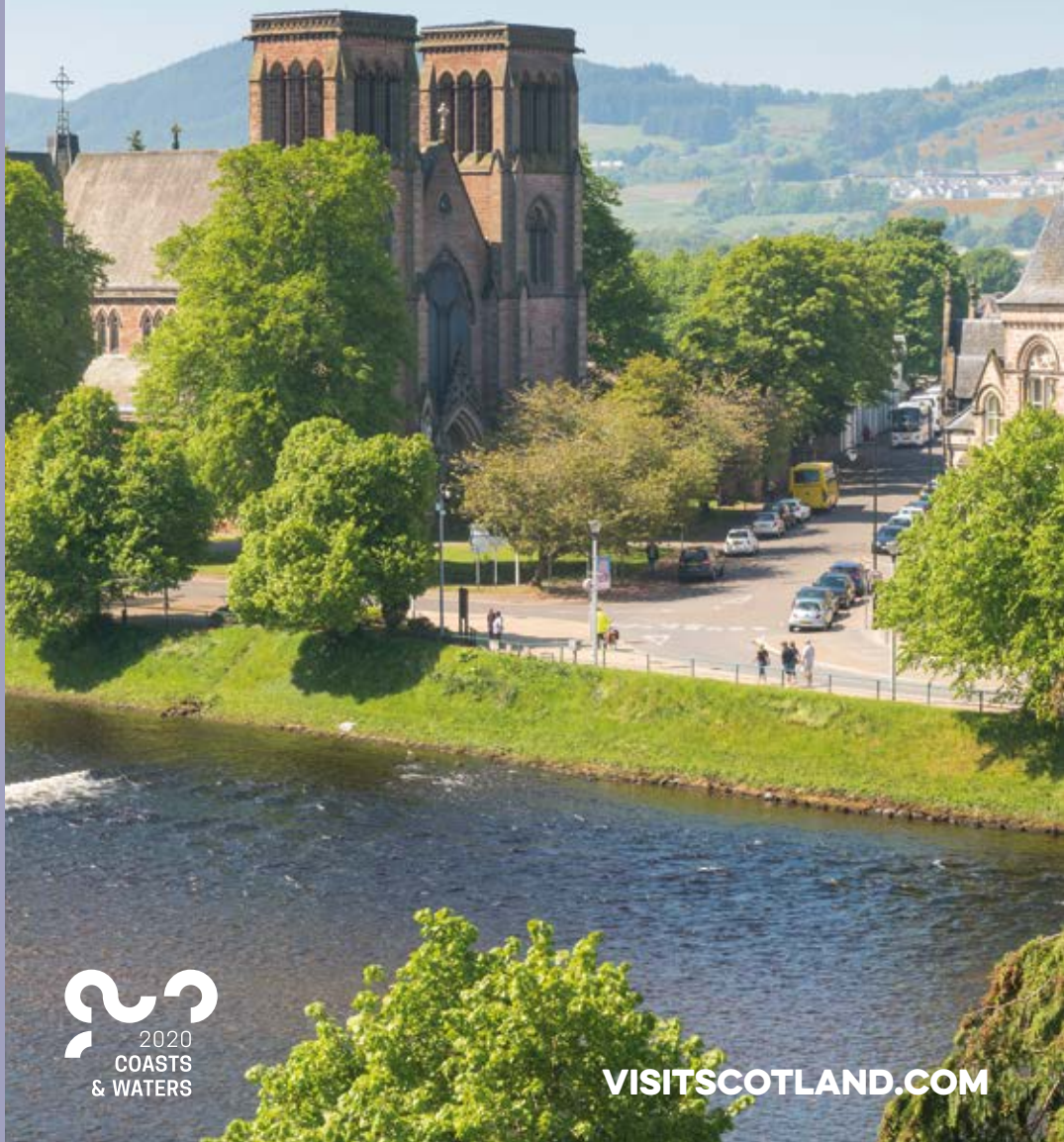


EXPLORE 2020-2021

INVERNESS, NAIRN & LOCH NESS

FÀILTE GU INBHIR NIS,
INBHIR NÀRANN & LOCH NIS





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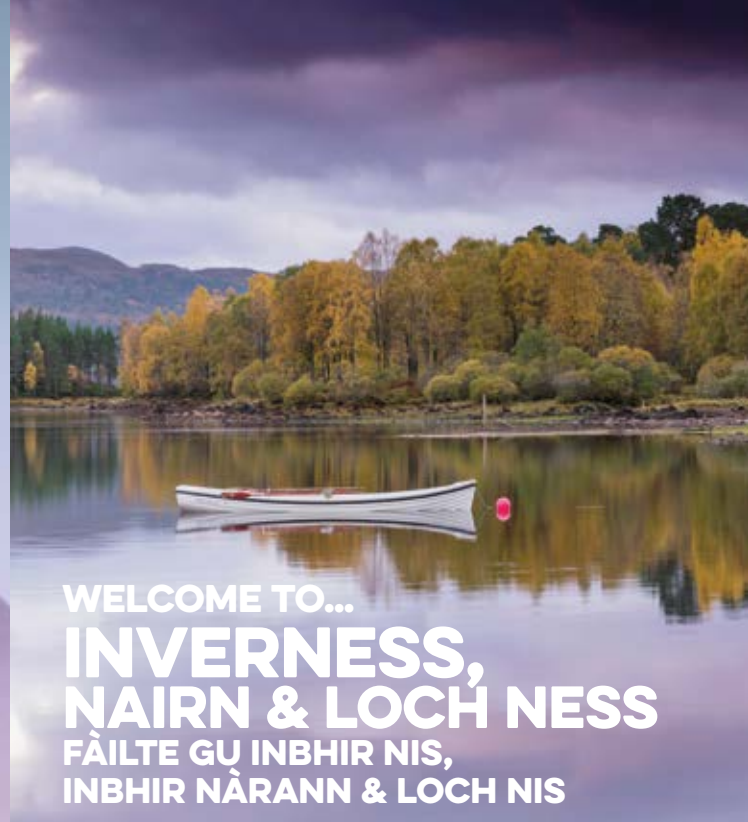
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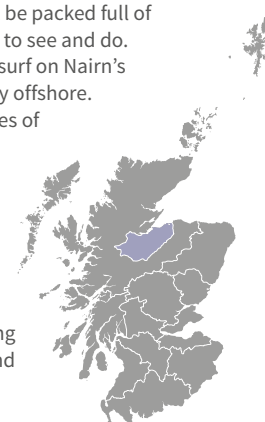
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WELCOME TO...
**INVERNESS,
NAIRN & LOCH NESS**
FÀILTE GU INBHIR NIS,
INBHIR NÀRANN & LOCH NIS

A visit to Inverness, Nairn and Loch Ness will be packed full of memorable adventures with so many things to see and do. Come here and you can dip your toes in the surf on Nairn's two golden beaches as friendly dolphins play offshore. Step back in time and learn the dramatic tales of ruined Urquhart Castle and the mysterious monster that lives in the loch beside it. Treat yourself to some of the most delicious local food and drink that Scotland has to offer. Then lace up your boots and explore the many mountains and glens of this ancient landscape. Everywhere you go, you'll discover Scotland's past and flourishing culture. Come and see why the Highlands and Islands were named a top region in Lonely Planet's Best in Travel 2019.



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visit **Inverness
loch ness**

Cover: Inverness Cathedral

Above image: Loch Beinn a'Mheadhain, Glen Affric

Credits: © VisitScotland.

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INVERNESS, NAIRN & LOCH NESS AT A GLANCE

SINBHIR NIS, INBHIR NÀRANN & LOCH NIS AIG AON SEALLADH

Nairn

Get your urban buzz on in a cool and compact modern city, take in the air in a delightful Victorian spa town, then get your binoculars out to go searching for a world-famous monster – what a day! Here you can dig deep into the past at fascinating historical sites, get an eyeful of some amazing local wildlife, dive into thrilling outdoor pursuits, or simply ease back and enjoy the breathtaking scenery.

Inverness

Inverness, the ‘city in the Highlands’, is a jewel of a city in a beautiful Scottish mountain and riverside setting. Relax by the River Ness and enjoy walking around the lovely Ness Islands, taste the finest Scottish cuisine, or simply head out to the surrounding countryside and try your hand at a range of outdoor activities.

Enjoy spectacular 360 degree views of the Highland capital and surrounding scenery from The Castle Viewpoint.

Feel the weight of the Achavrail bronze armlet at Inverness Museum

and Art Gallery, then play ancient Celtic boardgames, learn how to speak some Gaelic and wrap yourself up in an 18th-century style Highland kilt!

Shop till you drop in Inverness, browsing in all sorts of stores from large brand name outlets to small independent shops. Round off a perfect day by treating yourself to a night of entertainment at Eden Court Theatre.

Beaulieu and Strathglass

Take your time to enjoy all the quaint boutiques in the picturesque town of Beaulieu.

Cast your line and try your luck in the beautiful waters of the River Beaulieu, one of Scotland’s renowned salmon fishing rivers.

Leave the everyday world far behind amid the splendour of Glen Affric and other stunning glens such as Glen Cannich and Strathfarrar.

Pause for a moment’s peace at the historic ruins of Beaulieu Priory, which was founded by Vallisaulian monks in 1230.

Lace up your boots, pack a sandwich and head out for a walk – the area is full of inspiring strolls. You could try the Cnoc-na-Rath

hill path, the riverside route to the Priory, or wander in the woods on your way to Dunmore.

Loch Ness

Feeling monstrous? Everyone should come to the mysterious Loch Ness at least once in their lives, and hope for a sighting of ‘Nessie’, the legendary Loch Ness monster. You can brush up on your Nessie history at the exhibition centres in Drumnadrochit.

Step out on the spectacular and newly completed South Loch Ness Trail.

Go back 1,000 years into the turbulent past of one of Scotland’s largest castles, Urquhart Castle. It perches proudly on a headland on the shore of Loch Ness, and has frequently been attacked and besieged over the centuries.

Don’t miss the brand new Loch Ness 360 Trail, an epic walking, cycling, running and outdoor activity trail looping the entire circumference of Loch Ness.

Nairn

Located on the Moray Firth, this lovely Victorian seaside resort with its grand villas and picturesque harbour is one of the driest and sunniest places in Scotland and a great place to take a boat trip to spot dolphins.

Paddle in the sea at the award-winning Nairn Beach. Roam through the low sand dunes and look out to sea – you might spot the famous Moray Firth dolphins frolicking in the waves.

Golfers can choose from one of the town’s two championship courses, Nairn and Nairn Dunbar.

LEARN THE LANGUAGE

Many local residents speak Scottish Gaelic, a Celtic language native to Scotland. If you hear them talking, why not have fun and join in with a few everyday phrases?

Madainn mhath –

Pronounced: madeeng vah

– good morning

Fàilte – Pronounced: falcha

– welcome

Ciamar a tha thu? –

Pronounced: keemar a ha oo?

– how are you?

Cò as a tha thu? –

Pronounced: co ass a ha oo?

– where are you from?

Tapadh leat –

Pronounced: tap-ah lat

– thank you

Uisge-beatha –

Pronounced: uska ber

– whisky

Slàinte mhath! –

Pronounced: slancha va

– Cheers!/Good health!

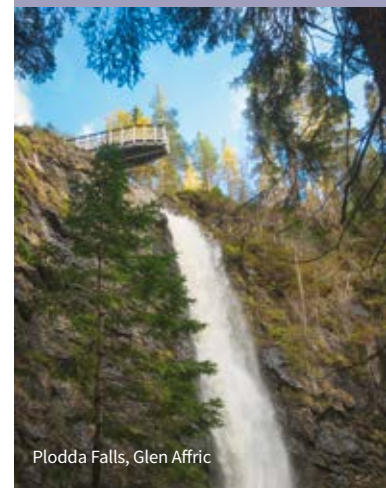
Mar sin leat! –

Pronounced: mar shin let-h

– goodbye

For more information visit

www.visitscotland.com/gaelic



Plodda Falls, Glen Affric

CITY ESCAPE

TEICHEADH CHUN BHAILE



HIGHLIGHTS

- ✓ You can catch amazing shows, musical performances and festivals at Eden Court Theatre, or watch the latest film releases. It's one of the best-equipped arts centres in the country, with a theatre, cinema and dance and drama studios – check out the events programme because there's bound to be something amazing happening.
- ✓ Perching like an eagle on a cliff overlooking the River Ness is Inverness Castle. This impressive red sandstone structure was built in 1836 by architect William Burn. Today it houses Inverness Sheriff Court and is not open to the public but you can visit the North Tower viewing platform.
- ✓ Stop and smell the roses at Inverness Botanic Gardens and discover peace and tranquillity amid beautiful floral displays. You can spot hundreds of species of subtropical plants and a blooming outdoor garden. Explore the Cactus House, home to a range of prickly plants from all over the world.

Inverness Castle from River Ness

Inverness is the ideal getaway destination to recharge your batteries. It nestles on the banks of the River Ness, and here you can enjoy all the urban delights of shopping and fine dining while still being just a stone's throw from the wonderful natural landscapes of the Highlands. Soak up the culture and enjoy great museums, art galleries and the year-round events of this handy hub in the Highlands.

Old meets new in the shops of Inverness. Wander in the heart of the Old Town to browse for special one-off purchases at the charming Victorian Market. Or head over to the Eastgate Centre where you'll find high street brands in a bright and airy shopping space.

Packing an appetite? Good, because you'll need it here. Inverness has a smorgasbord of places to eat out including stylish

restaurants, charming cafés and cosy pubs. From traditional to contemporary, local to international, you can take your pick of rich dining experiences.

Seek out a moment's sanctuary in St Andrew's Cathedral in Inverness then revive your spirits even further with some home baking in the tearoom, which is open Monday to Friday between May and September.

The city is blessed with a bountiful natural larder right on its doorstep – so be sure to sample the fine local food and drink. Savour seafood, succulent meats and, of course, whisky, uisge beatha, 'the water of life'. There are many distilleries in and around the area so why not visit one and sample a dram at its source?

How is a kilt made? Find out at the Scottish Kiltmaker Visitor

Centre where you can see kilts being crafted and delve into the fascinating history of tartan.

Explore the art, history and heritage of the Highlands at the Inverness Museum and Art Gallery. The fascinating collections range from Jacobite memorabilia and authentic Highland weapons to medieval jewellery.

You need somewhere special to rest your weary head at the end of the day, and Inverness has lots of accommodation to choose from. Whether you want a large, modern city centre hotel or an inviting guest house or B&B, you'll find your ideal place to stay. You could opt for

self-catering and stay in a central apartment or a delightful cottage. If you're on a budget, you'll find hostels are great value for money.

Climb the North Tower of Inverness Castle and witness the stunning view over the city and towards Ben Wyvis from the brand new viewing platform.

Whenever you visit, you'll find the city's calendar is packed with traditional events, such as Highland Games, Piping Inverness – the 2020 European Pipe Band Championships, and the Royal National Mòd, celebrating the best of Gaelic literature, music, singing, language and art.

City centre

GREAT OUTDOORS A BHUAILE A-MUIGH



Beneveen Dam in Glen Affric

Who's that shy fellow hiding in the branches? When you're here, remember to look out for our remarkable local wildlife. As you explore the region you can uncover one of the best places in the UK to spot dolphins, feel at home in our stunning natural woodlands and roam like a stag over the majestic mountain scenery in the Great Glen.

Escape the hustle and bustle of the city and take a short walk along the banks of the River Ness where you'll discover peace and tranquillity in the heart of the city. Follow the river upstream and cross the suspension bridge to the tranquil Ness Islands where you can chill out by the river and spot wildlife such as otters, oystercatchers and occasionally red squirrel.

Look out for the most northerly group of bottlenose dolphins in the world. You can sometimes see these playful mammals from Fort George; on the opposite side of the Moray

Firth. Chanonry Point on the Black Isle is one of the best places to see them feeding close to the shore.

Not many cities have seals in the middle of town – Inverness often does! Watch out for seals bobbing up and down in the River Ness between the two road bridges in the city centre.

Explore ancient pine forests and high mountainsides, accompanied by a knowledgeable ranger, and see all kinds of local wildlife from pine martens and golden eagles to red deer.

Don't miss the brand new Loch Ness 360 Trail, an epic walking, cycling, running and outdoor activity trail looping the entire circumference of Loch Ness.

Test your stamina and strength at the inaugural LochNess360° Challenge, a new three-day running or cycling event around the rugged and wild surrounds of iconic Loch Ness in May. It's 129 km and over 3000 m of ascent, with breathtaking views – what more could you ask for?

Paddle your way along the Great Glen Canoe Trail and you'll discover

60 miles of dazzling scenery and amazing wildlife.

On the South of the loch, Highland ghillie Alex Sutherland has more than 50 years' experience fishing rivers and lochs throughout this region – let him take you on a guided tour of some of the most remote hill lochs and streams on a memorable fishing adventure.

Feel your everyday cares melt away as you walk through the glens, forests and mountains that surround Glen Strathfarrar. The pathways on the lower slopes are great for catching a glimpse of the wonderful wildlife while the trails further up the slopes are ideal if you want to get your cheeks red and your heart pounding.

Unleash your artistic imagination in Torness at the Scottish Highland Art Gallery. In this isolated Highland croft your artist guides will show you the best places to paint the wild dramatic scenery.

For an easy walk for all ages, follow the Abriachan Forest Walk from Drumnadrochit. Along the route you can explore a replica of a Bronze Age hut as well as a bird hide with serene views of Loch Laide and, usually, some local wildlife.

Watch the fishing boats and yachts bob in the swell in Nairn's picturesque harbour. Built by the great Victorian engineer Thomas Telford, the harbour is within easy walking of the town and there are plenty of seafront and riverside strolls for you to enjoy.

DISCOVER MORE

- ✓ Rainy days are the best possible days at Plodda Falls in Glen Affric – it's one of the highest waterfalls in Scotland at over 40 m and after a downpour you'll find it's truly spectacular!
- ✓ Save a day to spend exploring the historic town of Fort Augustus on the most southerly tip of Loch Ness. Hiring bikes is a great way to make the most of the surrounding area, and the Suidhe Chuimen viewpoint to the north of the village offers some spectacular views over the valley of Stratherrick.
- ✓ Listen for the distinctive throaty call of the rare capercaillie at Corrimony RSPB Nature Reserve or in the beautiful glens of Affric and Strathfarrar.
- ✓ Imagine returning from the hunt 2,500 years ago when you walk to the site of an ancient fort atop Craig Phadrig. The views were just as glorious then.
- ✓ Red squirrels and red deer abound in the ancient Caledonian pine forests and magnificent mountainous scenery of the Scottish Highlands' great glens.
- ✓ Remember your camera – the glens of Cannich and Strathfarrar are breathtaking beauty spots and Glen Affric is widely considered to be the most beautiful glen in Scotland.

TOUCHING THE PAST

BURN RI LÀITHEAN BHO CHIAN

There's a haunting air of mystery and intrigue that cloaks the Highlands around Inverness, Nairn and Loch Ness. Some of Scotland's most momentous and turbulent events played out in this dramatic stage, and the Highland landscape echoes with the nation's past. From the early marks of the Picts and Celts to the ruins of once mighty medieval castles and famous battlefields, you can walk in the places where history was written, and see how it still shapes the lives of the people you meet.

Fort George is a must-see – it's the largest 18th-century fort in Europe. Built in the aftermath of Culloden, the vast walls and buildings are housed in a huge garrison. Visit the refurbished Highlanders Museum within Fort George and learn all about the proud history and traditions of this famous regiment.

Is she real? Of course she is! The legend of the Loch Ness monster captures the imagination of the millions of visitors to the Highlands each year. Decades of sightings have fuelled the mystery of what hides in the loch's depths. Try to catch a glimpse of Nessie yourself from the banks of the loch as you

drive along the A82 which hugs its shores.

It's hard to visit atmospheric Drumossie Moor and not feel the bravery, sadness and hope of the men who risked everything for what they believed in at the Battle of Culloden in 1746 – the last battle fought on British soil.

You can feel what it was really like to face down the enemy on that day at the excellent National Trust for Scotland Culloden Battlefield and Visitor Centre. Experience the sights and sounds of this infamous battle which saw the Jacobite forces of Bonnie Prince Charlie crushed by government troops and Highland culture altered forever.

There's blood on the walls of Urquhart Castle – well, not literally, it's a welcoming place these days. But it has had a turbulent history, with many clans fighting over its ownership. One of the largest castles in Scotland, its ruined remains include a visitor centre and tower house which afford superb views across Loch Ness and the Great Glen.

For an inside glimpse into what Highland life was truly like, visit Nairn Museum. It's a time capsule documenting the people and places of Nairn and the surrounding area, and its exhibits and archive material will help you see and feel exactly what it was like to live in this Royal Burgh in centuries past.

Idle away a mellow afternoon in Cawdor Castle and its three beautiful gardens – the Walled Garden, Flower Garden and the Wild Garden.

Watch the black grouse courtship displays at Corrimony RSPB Nature Reserve, a must for all bird lovers.

Step back in time in the Highland capital on the Inverness Historic Trail. Meandering through the old and new towns, the trail visits historically important locations such as St Andrew's Cathedral, the Town House, Inverness Castle and the Victorian Market. You'll also find excellent restaurants and shopping along the way.

Travel back even further in time to 500 million years ago by charting Scotland's geological past (and the possible history of the Loch Ness monster!) at the Loch Ness Centre and Exhibition's multimedia presentation.

RICH HERITAGE

- ✓ Feel the awe and timeless mystery of the Corrimony Chambered Cairn near Drumnadrochit. Built 4,000 years ago, this passage grave is the best example of its kind to be seen in the area and is free to visit.
- ✓ Cawdor Castle dates from the late 14th century. Marvel at the splendour of the castle; explore one of three gardens, discover riches of nature in Cawdor Big Wood or try putting on the nine-hole golf course. Whatever you choose, you're sure to have a fantastic day out.
- ✓ Two miles east of Nairn you'll find the beautifully restored Boath Dovecot, originally built in the late 1600s as part of the estate of Boath House.

Beaulieu Priory



Cawdor Castle and Gardens

AMAZING ADVENTURES CUR-SEACHADAN LONGANTACH

Are you raring to go wild in a beautiful outdoor playground? With the rolling hills, winding glens and shining lochs of Inverness, Nairn and Loch Ness as your backdrop, you can have a new adventure every day of the year. Try your hand at a thrilling range of outdoor activities, whether it's watersports on Scotland's most famous lochs, navigating your way to the top of a mountain or something a bit different such as venturing off-road on a Segway.

The world-famous Loch Ness has captivated visitors for generations. You can see why by boarding a leisure boat cruise or speed boat tour, or discovering the history and breathtaking views across the loch from the cliff-top ruins of magical Urquhart Castle. The pretty nearby village of Drumnadrochit makes a perfect base for you to explore the region – it's also home to the Loch Ness Centre and Exhibition and Nessieland, where you can learn all about the loch and its mysterious monster!

To the south east of Inverness lies Glen Affric, a National Nature

Reserve and an ideal place to enjoy watersports such as kayaking, gorge swimming or even white-water sledging – an exhilarating way to slide down rapids and waterfalls on a riverboard. Back on dry land you can hone your archery skills or ride through the Caledonian pines on a mountain bike.

For an action-packed day, enjoy some of Inverness's great leisure facilities. Make a splash at Inverness Leisure and shoot down the flumes, or work up a sweat at the sports centre or athletics stadium, or try your best Spiderman impression on the climbing wall.

The real world seems very far away when you're deep in the glens of Strathglass – and you'll love that feeling! These glens are simply fabulous for walking and climbing.

Experienced horse riders can visit Loch Ness Riding Centre which overlooks Loch Ness and offers trails for a range of abilities by the loch, through woodlands and up hills with views of the Great Glen.

Climb a mountain such as Sgorr na Diollaid, a Corbett which overlooks the end of Glen Cannich and offers a great day out hillwalking.



South shore of Loch Ness from Dores beach

Dog Falls walking Route, Glen Affric

AWESOME ACTIVITIES

- ✓ The Moray Firth is a watersports haven and from Nairn you can try sailing, surfing and water skiing. The scuba diving is also excellent in these safe clear waters and there's a good chance you may meet the local dolphins and seals.
- ✓ Cast your line in Strathglass and try your luck with wild brown trout or salmon against a stunning Highland backdrop.
- ✓ Feel the rush of the wind on your face as you drive through the fantastic Highland scenery in a hired classic car.
- ✓ Keen cyclists and walkers can follow the new Loch Ness 360 Trail, an epic walking, cycling, running and outdoor activity trail looping the entire circumference of Loch Ness.
- ✓ Head to Explore Highlands for an early morning canoe trip through the Aigas Gorge and along the River Beaully – you could spot otters, ospreys, roe deer and other fascinating wildlife.
- ✓ For adventurous thrills you can go gorge walking and canyoning in this part of the Highlands, as well as abseiling, canoeing and kayaking.
- ✓ Head to the brand new Caledonian Canal Centre in Fort Augustus and explore everything the 200-year-old waterway has to offer.
- ✓ Walk along Ness Islands in Inverness and feel as though you are in the middle of the countryside. Watch out for fishermen!

LOCAL LARDER

BIADH NA SGÌRE

It's perhaps no surprise that a place as beautiful as the Highlands produces beautiful food and drink. You'd better bring an appetite, because here you can enjoy fresh local produce anywhere from award-winning restaurants to homely country inns. Spring, summer, autumn or winter – you'll find there are mouthwatering foodie events and festivals happening throughout the year. You can taste the finest authentic, local Scottish dishes and drinks and travel home with a satisfied smile on your face!

The Highlands is one giant larder of fine meats, fish and vegetables and at the Nairn Show in July, or the Black Isle Show in August, you can sample tables full of fabulous local produce, including fresh fruit and honey, wine, whisky and lots more.

Have you ever tried Cullen Skink? You have to – trust us on this. So visit The Classroom in Nairn to taste this famous Scottish fish soup specialty, as well as Highland venison and Kildrummie beef.

In autumn, head to Highland Feast in Nairn, a food and drink festival

including cookery demonstrations, local produce and child-friendly culinary entertainment!

If you're feeling peckish in Nairn, try the Sunny Brae Hotel for great food, a selection of over 100 malt whiskies and a wonderful sea view.

Treat your tum by popping into award-winning Boath House and feasting on wild foraged mushrooms, herbs and organic fruit and vegetables.

Cheesy does it at Connage Highland Dairy, in Ardersier, a fully organic family farm which produces a

fantastic selection of quality cheeses, which you can sample and purchase in the Cheese Pantry. You might be lucky enough to see the cheese being made from scratch!

Relax at Corner on the Square, a fabulous delicatessen, and take in the view of the historic town of Beauly, while enjoying a bite to eat.

Where better to get fresh, local food than from a farmers' market? There are several you can visit across the Inverness, Nairn and Loch Ness area. Browse a variety of stalls selling quality produce including

cakes, cheeses, meats and even arts and crafts. Why not ask the producers for some handy hints and tips on cooking some of their amazing produce?

Chocoholics must try at least a few stops on the Chocolate Trail, which links dozens of independent artisan chocolatiers in all four corners of the country. The trail will lead you to several chocolatiers in the area, including the Chocolate Place in Inverness, where you can view the chocolate-making process and take home some treats for later.

Enjoy a fabulous lunch with a selection of great sandwiches, wraps and ciabattas at Harry Gow in Inverness.

In Inverness, don't miss award-winning MacGregor's Bar and enjoy stunning food with local craft beer

and spirits and traditional Scottish music. This is a great gathering place to share stories, life and laughter, whilst savouring some of the best food and drink produced in Scotland.

For an authentic Highland meal, why not visit Fiddler's? This restaurant, malt whisky bar and café in Drumnadrochit serves award-winning haggis and fine whisky.

Sample some great food and wonderful shopping experience on the shore of Loch Ness at the superb An Tala By Loch Ness, the perfect spot for a hearty meal after a day in the great outdoors, or meet the famous Highlands coos and enjoy a delicious lunch at Camerons Tea Rooms and Farm Shop in Foyers.



TASTY TREATS

- ✔ For a bite to eat before a bicycle ride, visit Inverness' quirky and wonderful bicycle café and workshop, Velocity. Come in, drink coffee, eat cake, fix your bike, sign up for a course, eat some more cake!
- ✔ Visit Ashers Bakery in Nairn to pick up one of their award-winning whisky cakes.
- ✔ When you dine at the Loch Ness Inn, you can expect some of the best fish, prawns, beef, lamb and venison in the region. You can also taste a fine selection of whisky and real ales in the Brewery Bar.

WHY NOT TRY

- ✔ Authentic rustic food served at Little Italy in the heart of Inverness, a firm favourite with locals!
- ✔ Scotland's finest seasonal produce in the quirky setting of the Dairy Café at Daviot, which is bursting with character and charm and offers a variety of home-cooked dishes.

Cranachan - Scottish dessert using fresh raspberries, oats and whisky



Cameron's Tea Rooms and Farm Shop, Foyers, Loch Ness



YEAR OF COASTS AND WATERS 2020

BLIADHNA CLADAICHEAN IS UISGEACHAN NA H-ALBA 2020

Ness Islands, River Ness, Inverness

Explore the variety of brilliant experiences that await you in Inverness, Nairn & Loch Ness. And what better way to celebrate the Year of Coasts and Waters 2020 with an exciting programme of events that showcases all the great wonders that the region has to offer?

Scotland's coasts and waters have shaped our history, culture and way of life, from fishing and textiles, to whisky and wave power. Inverness, Nairn & Loch Ness boasts a hugely diverse coastal scenery, ranging from sea cliffs to gleaming white beaches, and a rich offering of inland waters, rivers, mysterious lochs and waterfalls.

Outdoors Adventures

Embrace the great outdoors and explore the region's dramatic coastline and natural water features, with an unparalleled range of adventures, from kayaking to fishing.

Enjoy some great walking trails, from hill walks passing sparkling lochs and long distance hikes along the Great Glen Way, the Affric Kintail

Way and the South Loch Ness Trail, to accessible riverside walks in the heart of Inverness city.

Spend a relaxing day out on the water fishing for salmon, trout, sea-trout, char or pike. Or try your hand at sailing or canoeing on the Loch or Caledonian Canal. On a rainy day, why not spend a day at Inverness Ice Centre and try your hand at skating?

Don't forget to pack your clubs for a round of golf overlooking the Moray Firth at Nairn Championship Course or Castle Stuart or at the new Kings Golf Course in Inverness.

Go Wild

The seas and waters in Inverness, Nairn & Loch Ness are teeming with wonderful wildlife.

Head to the southern shores of Loch Ness for wild, natural landscapes that are rich in wildlife. Along the South Loch Ness Trail, you might spot many roe deer, red deer, and sika deer, among badgers, pine martins and red squirrels. The route has many short stretches so it is perfect for the whole family to explore. With so many creatures, great and small to spot in our hills and glens, there is no need to wait around for the famous monster to make an appearance!

Keep your eyes peeled whilst visiting the RSPB site at Loch Ruthven for ospreys, golden eagles, red kites and black grouse. Take a wildlife boat trip from Inverness or head to the shores of Chanonry

Point on the Black Isle to witness the UK's only resident dolphin population playfully leaping in the Moray Firth.

From sea to plate

Savour a taste of some of the freshest catch of the day in the many seafood restaurants in the area.

There are plenty of places to go for a Highland feast, from the fantastic Boath House restaurant in Auldearn to the award-winning Corner on the Square delicatessen in the historic village of Beaulieu.

No visit to Inverness, Nairn & Loch Ness would be complete without sampling a 'wee dram' of uisge beatha or 'the water of life' that is Scotch whisky. Enjoy a warming dram from the Tomatin Whisky Distillery, or a refreshing pint of local ale by the award-winning Loch Ness Brewery, which include Darkness, Lightness and Hoppyness.

Stacks to do

Uncover the iconic Loch Ness, the UK's largest freshwater loch, and explore the mystery behind the Loch Ness Monster. Take a cruise up and down the loch and learn more about the legends of the fabled monster, and see a different perspective of Urquhart Castle which is perched on the lochside along the way.

Don't miss the Aiseag Festival on the shores of Loch Ness this September, which will bring stories of the sea and lochs to life at Urquhart Castle through craft, art, music, animation, film and lighting.

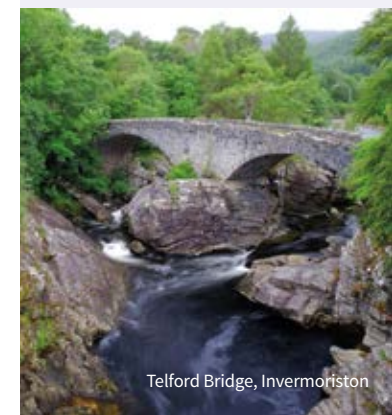
Head east and visit the nearby Victorian seaside town of Nairn for riverside walks, family beach adventures and spectacular views over the Moray Firth. Nearby Fort George is the mightiest artillery fortification in Britain with garrison buildings, artillery defences, and a superb collection of arms, including bayoneted muskets.

DON'T MISS...

- ✓ A chance to spot a pod of dolphins in the Moray Firth.
- ✓ The North Coast 500 – which starts and finishes in Inverness.
- ✓ The Great Glen Canoe Trail – an unforgettable paddle crossing the country coast to coast along the Caledonian Canal and Loch Ness.
- ✓ The South Loch Ness Trail, a long distance trail, part of the Loch Ness 360 Trail, that traverses the entire length of South Loch Ness, passing heather covered hills, sparkling lochs and wild natural landscapes.

Don't miss a packed programme of events happening across Inverness, Loch Ness and Nairn and the rest of the country. For more information visit www.visitscotland.com/jcw2020

Share your experiences using **#ScotlandIsNow** and **#YCW2020**



Telford Bridge, Invermoriston

WHAT'S ON TACHARTASAN

Calling all culture vultures, sports fans, foodies, fitness bunnies, and wildlife lovers – guess what? There's something going on this year in Inverness, Nairn & Loch Ness that you are going to love!

This year, join the annual celebration of the best of Gaelic literature, music, singing, language and art at the Royal National Mòd which will take place in Inverness on 9-17 October.

Inverness will also host the European Pipe Band Championships in the heart of the city for the second time in 2020. Piping Inverness 2020 on 27 June will bring hundreds of pipers and drummers and highland dancers, which along with food and drink, traditional craft stalls and live entertainment, will make it a fun-filled family day out.

If you prefer swingy music, Jazz Nairn is a must-stop for great jazz performances from local and internationally renowned artists throughout the year.

In April, Etape Loch Ness hands the roads around this mighty loch over to seasoned cyclists and newcomers alike or come and cheer on the athletes.

Inverness Spirit of the North Festival in September will celebrate Scotland's malt whisky and craft gin producers mixed with liberal dashes of master classes, tastings, food and music.

Here come the clans! They gather at the Inverness Highland Games and Gathering in July for a weekend of traditional competitions. It's one of the biggest Highland games in the world and draws athletes from across the globe – don't miss it!

Your family will be entertained, amused and stuffed full all day long at the Nairn Show or the Black Isle Show. There are livestock competitions, a dog show, delicious locally-sourced food and drink, and much more.

Ever seen a 20 ft larch tree fly through the air? Come along to

the Nairn and Inverness Highland Games and you will – that's what tossing the caber is all about! You'll also see Highland dancing and piping contests and fierce competition from the biggest, toughest athletes to win the Cuach na Cuiridh (the Cup of the Strong Man)!

Embark on a voyage of discovery to explore Gaelic culture, heritage and traditions at the Aiseag Festival, which will bring stories of the sea and lochs to life at Urquhart Castle.

In August, Belladrum Tartan Heart Festival is a major musical extravaganza, which has gained a reputation for being a very laid-back and family-friendly festival.

If you're going to run a marathon, make it one to remember. On the Baxters Loch Ness Marathon in September you'll run past some of the world's most beautiful scenery – just remember to watch out for Nessie.

Shinty is a fast, physical team sport played using a curved stick called a caman, there are local teams throughout the area – why not come along and watch them in action?

In October, join thousands of visitors from all over the world for the Loch Ness Knit Fest. Exploring the rich cultural crafting traditions of Scotland, enjoy talks, presentations, demonstrations and over 40 woolly stalls.



MORE EVENTS

- ✓ Inspire your creative streak by meeting writers, poets, artists, musicians, historians, comedians, gardeners, chefs and photographers at the annual Nairn Book and Arts Festival.
- ✓ Good music and good beer make excellent companions, and you can enjoy music sessions at Hootananny in Inverness or concerts at Abriachan Village Hall or Blazin' in Beaulieu in October.

DON'T MISS...

- ✓ Man versus Horse. Race against a horse? We do that here at south Loch Ness in April.
- ✓ In June look for world-class piping and drumming as Inverness plays host to the European Pipe Band Championships!
- ✓ Give yourself over to nine days of glorious Gaelic culture at the Blas Festival, which features Highland music, dance and food events in autumn.

DID YOU KNOW?

- ✓ Shinty is a competitive sport, played in the Highlands of Scotland since ancient times. www.shinty.com



TRAVEL TIPS

DOIGHEAN SIUBHAIL

Caledonian Canal, Fort Augustus

There's an excellent public transport system, which makes exploring this part of the Highlands a joy. The region is large but easily accessible by car and bicycle. You'll probably encounter single track roads when trying to reach some of the more remote areas of the region.

By rail

ScotRail (Abellio) runs regular daily train services from Inverness to Aberdeen (via Nairn), Wick and Thurso, and Kyle of Lochalsh (both via Beaulieu). There are regular trains to Inverness from Edinburgh, Glasgow, Stirling and Perth. For more information visit www.scotrail.co.uk

By bus

Stagecoach and Citylink are the main bus operators for the area and run regular services throughout the region.

For more information visit www.stagecoachbus.com

VISITSCOTLAND.COM

By road

The A96 is the main road between Inverness and Nairn, while the A82 runs from Inverness down the side of Loch Ness.

The A862 takes you from Inverness to Beaulieu.

Some of the minor roads in the region are single track; use the passing places to carry on safely.

Further details on driving safely around Scotland can be found at www.visitscotland.com/about/practical-information/driving-in-scotland/

Find more information on touring the region at www.visitscotland.com/touristroutes

For all local and national public transport timetables and journey planning information contact Traveline Scotland on 0871 200 22 33, visit them at www.travelscotland.com or download the smartphone app. The Traveline Scotland call centre is open 24 hours a day.



Where to find out more

Discover more of Inverness, Nairn & Loch Ness in a VisitScotland iCentre. Our friendly information experts can offer advice on what's on and where to go as well as book accommodation and tickets for events, activities and transport. Our Shop Local initiative promotes local artisans so we can also help you find the perfect Scottish gift.

Find us at:

- 36 High Street, **Inverness**, IV1 1JQ

You can also get tailored advice and top tips on the local area from our accredited iKnow Partners.

Find out more at www.visitscotland.com/iknow

Come and talk to our knowledgeable and friendly staff. You never know, we might just let you in on a few local secrets.



Driving route through the Glens

PRACTICAL INFORMATION

FIOSRACHADH FEUMAIL

The listings within this guide have been split into the following sections:

- Places to visit
- Leisure activities
- Shopping
- Food & drink

- Tours
- Transport
- Accommodation

Businesses within these sections are listed in alphabetical order by business location then by business name. Each entry has a map

reference (see example) rating to the map which appears at the back of this guide. Most entries have a postcode which can be used to pin point locations but it is always wise to check the actual location before making your journey.

SAMPLE ENTRY

Location

‘By’ designates that a property is within 10 miles of this location. Mileage in brackets after the location indicates the distance from the named location.

Name of business

Contact details

Business description

Quality award

Map reference

To assist you further in locating each business, this grid reference relates to the map on pages 74 & 75.

Facilities and symbols

See page 23 and the page opposite for details.

Opening times and admission prices

ANY LOCATION (4 miles) F

Scott Gardens
Kinross KY22 9YR
T: 01599 862655
www.scottgardens.co.uk
Beautiful 18th century gardens with cafe and popular daily events, overlooking one of Scotland's famous lochs. Plenty to see and do for all the family.

★★★★ Visitor Attraction

Open: Mar-Jun: Centre open 10am-5pm. Sep-Dec: Centre open 9.30am-4pm. Closed Christmas and New Year.
Admission: Adult £3, Concs £2, Child £0.50, Family £6. Car parking £5 all day.

Pricing

Prices shown in entries for admission, services and facilities are provided by the advertisers. Please note that prices are for your guidance only and include VAT where applicable (VAT as at December 2019). It is always advisable to check cost prior to booking.

Booking

Accepting a booking by telephone or in writing means you have entered into a legally binding contract with the proprietor of the establishment. If you cancel or fail to turn up, for whatever reason, the proprietor has the right to ask you for compensation. You should always check the cancellation terms in advance and, if you must cancel a booking, advise the business immediately. Online bookings are also subject to terms and conditions, please check directly with the proprietor of the business.

Insurance and cancellations

Should you have to cancel for whatever reason, it is reassuring to know that you can be insured against any compensation claim. It is advisable to take out cancellation insurance prior to your trip.

Accessibility

Whether you want a cosmopolitan city break or a relaxing holiday in the countryside, you'll find a great range of accessible accommodation, attractions, things to see and do and transport. You can stay in a bustling city centre, with great access-friendly attractions right on your doorstep, or out in the countryside, where you can enjoy accessible walks or trips to the beach. For more information go to www.visitscotland.com/holidays-breaks/accessible. Also go to www.euansguide.com for information on businesses throughout Scotland with good access reviews from disabled people, their family and friends.

Businesses with the logo (below) on their www.visitscotland.com entries have their own Accessibility Guide which will include information on their facilities such as onsite restaurants, free WiFi, hearing loop, level access and accessible parking or drop off points. It is always advisable to check the businesses own website for this information, which will be highlighted by this symbol (A).

Accessible and Assistance dogs*

These symbols are contained in some entries in this guide denotes establishments have some access, and guide dogs are made welcome but please do check with the business before booking or visiting.

Hearing loop*

Many establishments will be able to cater for those with a sensory impairment but please do check with the business before booking and visiting.

SB Short breaks available*

There is a fabulous range of accommodation throughout Scotland. Many offer short breaks options. Many establishments have offers throughout the year, contact direct for latest special offers.

Family fun*

There is a wealth of things to see and do that will keep smiles on faces all day. Businesses that are particularly suitable for children can highlight this within their entries.

Dogs welcome*

Dogs are welcome to this establishment, on the understanding that they are on their leash and are kept under control. You may have to check with each establishment whether there are restricted areas for your dog.

Refreshments available*

Café or refreshments are available at this business. Please check prior to visiting if you have particular requirements.

WiFi available*

Guest WiFi access is available at this location.

Wild camping

Wild camping is legal in Scotland but there are guidelines that all campers should follow. Please camp responsibly, in particular avoid overcrowding by moving on to another location if it's already a busy spot. Wherever possible, use a stove rather than an open fire. Never light an open fire during dry periods or in sensitive places

like forests or peaty ground. Take away your rubbish and consider picking up other litter as well. If in doubt, ask the landowner. Their advice just might help you find a better camping spot. For further information see the Scottish Access Code: www.outdooraccess-scotland.scot/practical-guide-all/camping

Take extra care and follow any local advice when parking cars or campervans. Please note, responsible access rights within the Scottish Outdoor Access Code do not extend to motorised transport. If you are planning to travel in a motorhome or campervan check with the landowner before you stop or book a pitch in a nearby camping park. Across the length and breadth of Scotland there are some really fantastic camping parks in stunning locations, from beachside crofts to wooded areas lined with ancient pines. By pitching up at a proper campsite, you'll help ensure our natural environments and their often fragile ecosystems remain intact.

Smoking

Scotland's indoor public places, including pubs, restaurants and cafes are smoke-free by law, creating a healthier and fresher environment for residents and visitors to our beautiful country.

Drinking and driving

Scotland's drink drive limit is 50 mg (of alcohol per 100 ml of blood). The Scottish Government recommends the best approach is to have no alcohol at all, if you are intending to get behind a wheel in Scotland.

*Denotes that these symbols establishments have selected to include in their entries, they are not verified by VisitScotland and all facilities should be checked prior to arrival.

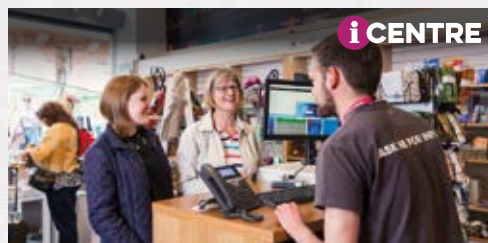
For further information go to www.visitscotland.com

BRINGING INSPIRATION AND IDEAS TO YOU



Urquhart Castle and Loch Ness

Only in Scotland can you find information and advice in so many places.



Our friendly information experts can offer advice on what's on, where to go and book tickets for events, activities and transport. Our Shop Local initiative promotes local artisans so we're sure to help you find the perfect gift from Scotland. Find us on page 19.



Our accredited iKnow Partners are based throughout Scotland and can offer tailored advice to help you make the most of your visit. Chat with them for insider tips about the must see attractions in the local area. Find them at visitscotland.com/iknow

YOU'LL BE SURPRISED WHERE OUR SEARCH FOR QUALITY TAKES US



Old Leanach Cottage, Culloden Battlefield Visitor Centre, near Inverness
5 star Visitor Attraction



Quite simply, it takes us the length and breadth of Scotland to visit thousands of different properties every year and grade them on the things we know matter to you. Things like the overall quality on offer and warmth of welcome to help you make a more informed choice. VisitScotland Quality Assurance – **Quality you can trust.**

- ★ An acceptable standard
- ★★ A good, all round standard
- ★★★ Very good standard, with attention to detail in every area
- ★★★★ Excellent – superb food where provided and friendly, professional service
- ★★★★★ An exceptional standard where quality, hospitality and service are hard to fault



Serviced accommodation establishments awarded gold stars have consistently achieved the highest levels of excellence within their star grading.






Taste Our Best














One way to ensure that you'll enjoy great quality Scottish food and drink, prepared with care and delivered with passion, is to look for places that are part of Taste Our Best, our food and drink quality scheme.



Green Tourism-because we care

Businesses that work in a sustainable, environmentally friendly way are graded: Bronze , Silver  or Gold 
www.green-tourism.com

We want you to feel welcome – find establishments that pay particular attention to your specific needs:

- | | |
|---|--|
|  Walkers |  Cyclists |
|  Anglers |  Bikers |
|  Classic Cars |  Golfers |
|  Visiting golfers |  Children |
|  Field Sports |  Groups |
|  Ancestral Tourism |  Pets |
|  Experiencing Gaelic | |

For any feedback or comments you may have on quality assured properties please email us on qa@visitscotland.com.

Places to visit

Castles, historic homes & attractions

Also check Visitor attractions

By BRAEMAR



Braemar Castle

On A93, east of Braemar, on The Snow Roads & NE250 routes AB35 5XR
T: 01339 741219 info@braemarcastle.co.uk www.braemarcastle.co.uk
Fairytale castle built by the Earl of Mar in 1628. 12 fully furnished rooms. Guided tours, tales of Jacobites, Farquharsons and ghosts. Friendly community run castle with a warm welcome. Personal guided tours and audio tours. Also visit (free) the Earl of Mar's earlier Castle, Kindrochit, in the centre of Braemar, the heart of the Cairngorms National Park.

• 12 fully furnished rooms • Guided tours • Audio tours (English, French and German) • Gift Shop

★★★ Castle

Open: Check opening times, April to October, www.braemarcastle.co.uk
Or tel 01339 741219

Closed on Sat 5th Sept for the Braemar Gathering.
Admission: Adults £10, Students £7, Children £4, Family £18. Pre-booked groups (of over 10 people) qualify for 10% discount.

CAWDOR, By NAIRN

Map 1 E2



Cawdor Castle and Gardens

Cawdor Castle, Cawdor, Nairn IV12 5RD
T: 01667 404401 info@cawdorcastle.com www.cawdorcastle.com
Cawdor Castle dates from the late 14th century, built as a private fortress by the Thanes of Cawdor, with the ancient medieval tower built around the legendary holly tree. Still home to the Cawdor family & lovingly filled with beautiful furniture, intriguing objects, fine portraits & amazing tapestries the Castle has evolved for over 600 years.

• A Scottish home like no other • Guided Tours • Coffee House • Gift Shop • Highland Shop • Wool Shop

★★★★★ Castle

Open: Open 7 days 13th April-6th Oct, 10am-5.30pm, last entry 5pm. Guided tours of castle, gardens & woodland available, booking advised. Café, coffee house, gift shop, Highland shop & wool shop open daily.

Admission: Adult £12.50, Concession £11.50, Child £7.50 (Under 5 free), Family £35

CULLODEN

Map 1 D2



Culloden

National Trust for Scotland, Culloden Moor, Inverness, IV2 5EU
T: 01463 796090 culloden@nts.org.uk www.nts.org.uk
Visit the powerfully moving site of the final Jacobite Rising – the last and most harrowing pitched battle to be fought on British soil on 16 April 1746. Explore the interactive visitor centre, view fascinating artefacts from both sides of the confrontation, and experience the battle in our immersive surround cinema. Join a guided tour of the battlefield with our expert guides and visit the restored 18th century thatched Leanach Cottage. Browse our extensive range of unique, authentic Scottish gifts and take a break in our café which serves lots of tasty local and Scottish produce.

• Immersive experience • Memorial cairn • Battlefield walk • Living History presentations • Shop & café

★★★★★ Visitor Attraction

Open: Please see our website or call for opening times and admission prices.

BE IN THE IKNOW

Our accredited Information Partners are based throughout Scotland and can offer tailored advice to help you make the most of your visit. Chat with them for insider tips about the must see attractions in the local area.

Look out for the sign or find us at
visitscotland.com/iknow

VISITSCOTLAND.COM

Places to visit

Visitor attractions

See also other categories

DRUMNADROCHIT

Map 1 C3

Urquhart Castle

Historic Scotland, On Loch Ness, near Drumnadrochit on the A82, IV63 6XJ
T: 01456 450551 customer@hes.scot
www.historicenvironment.scot/daysout
Discover 1,000 years of stirring history, experience a glimpse of medieval life and enjoy stunning panoramic views over Loch Ness from the ruins of this grand castle.

★★★★★ Castle

Open: Check website for up to date opening times
Admission: Check website for current admission prices

FORT GEORGE

Map 1 E1

Fort George

Historic Scotland, 6m W of Nairn, 11m NE of Inverness off the A96, IV2 7TD
T: 01667 460232 customer@hes.scot
www.historicenvironment.scot/daysout
Walk into Britain's mightiest artillery fortress for an unforgettable experience. Explore this huge military base & historic barracks rooms and enjoy the impressive architecture.

★★★★★ Historic Attraction

Open: Check website for up to date opening times
Admission: Check website for current admission prices

Places to visit

Distilleries & breweries

MUIR OF ORD

Map 1 C2

Glen Ord Distillery Visitor Centre & Whisky Shop

Muir of Ord, Ross-shire IV6 7UJ
T: 01463 872004 glen.ord.distillery@diageo.com
www.glenorddistillery.com
Nestled on the outskirts of Muir of Ord, Glen Ord Distillery is one of the Highlands' hidden treasures producing liquid gold all year round.

★★★★★ Visitor Attraction

Open: Jan, Feb, Nov, Dec: Mon-Sun 10am-4pm. Mar & Oct: Mon-Sun 10am-5pm. Apr: Mon-Fri 9.15am-5pm. Sat & Sun 10am-5pm. May-Sept: Mon-Fri 9.15am-6pm. Sat & Sun 10am-5pm.
Admission: Adult £8, Children (8+) £4 Exhibition from £3.

BRODIE

Map 1 F1

Brodie Countryfare

Brodie, by Forres, Moray IV36 2TD
T: 01309 641555
enquiries@brodiecountryfare.com
www.brodiecountryfare.com
Enjoy top ladieswear & accessories, quality gifts & interiors, menswear, leisurewear, foodhall and traditional family restaurant.

★★★★★ Tourist Shop

Open: All year: Daily, Mon - Sat 9.00am-5.30pm (5pm winter).
Sun 9.30am - 5.30pm (5pm winter)

DRUMNADROCHIT

MAP 1 C3

Loch Ness Exhibition Centre

Loch Ness Centre & Exhibition A82, Drumnadrochit IV63 6TU
T: 01456 450573 debbie@lochness.com
www.lochness.com
A high tech multi-media presentation leads you through 7 themed rooms and 500 million years of history, natural mystery & legend. 11 language narrations.

★★★★★ Visitor Attraction

Open: Nov-Mar, 10am-3.30pm. Apr-Jun & Sept-Oct, 9.30am-5pm. Jul & Aug, 9.30am-6pm. We only close on Christmas Day.


iCENTRE

Let us inspire you to discover more of Scotland. Come and talk to our knowledgeable and friendly information experts. You never know, we might just let you in on a few local secrets.

Find out where we are and when we're open at
visitscotland.com/icentre.


VISITSCOTLAND.COM

INVERNESS Map 1 D2



Simpsons Garden Centre
Inshes, Inverness IV2 5BA
T: 01463 250200 info@simpsonsgc.co.uk
www.simpsonsgardencentre.co.uk
Best Destination Garden Centre in Scotland award winner. Situated on the outskirts of Inverness, with stunning views over the city, Simpsons Garden Centre is ideally located for a stopping point for all the family. Fabulous restaurant.


• Garden centre • Restaurant • Florist • Gifts • Oak furniture • Food hall
• Aquatics • Free parking • Wi-Fi

★★★★ Garden Centre 

Open: All year: Daily, 9am-6pm. Late night shopping Thurs until 7pm. Coach parties welcome (by appointment).

MEY, CAITHNESS

The Castle and Gardens of Mey
Mey, by Thurso, Caithness KW14 8XH
T: 01847 851473 enquiries@castleofmey.org.uk
www.castleofmey.org.uk
The Queen Mother's home. Castle, gardens, shop and tearoom with an animal centre for children.

★★★★★ Visitor Attraction 

Open: 1 May-30 Sep. Closed from 27 Jul-11 Aug. Dates are subject to change please check website for more details.

Admission: Castle, Garden & Grounds: Adult £12.25, Child £6.50, Concs £10, Family £34. Gardens & Grounds only: Adult £6.50, Child £3, Concs £6.50.

VisitScotland Quality Assurance
Quality you can trust



www.visitscotland.com/qa

Places to visit
Wildlife, nature and natural attractions

GLEN AFFRIC A3

Glen Affric National Nature Reserve
Forestry and Land Scotland, by Cannich IV4 7LN
T: 0131 370 5965
enquiries.north@forestryandland.gov.scot
www.forestryandland.gov.scot/glenaffric
Glen Affric is one of the most beautiful places in Scotland. It's a classic landscape of perfectly-placed lochs, mountains and a wonderful mix of pine, birch and oak trees.

Open: All year.
Admission: Parking charges apply.

KINCRAIG, NR AVIEMORE (7 miles) Map 1 E4



RZSS Highland Wildlife Park
Kincraig, Kingussie, Inverness-shire PH21 1NL
T: 01540 651 270 wildlife@rzss.org.uk highlandwildlifepark.org.uk/
Highland Wildlife Park is owned by the Royal Zoological Society of Scotland (RZSS) and was founded in 1986. Highland Wildlife Park is set in the beautiful Cairngorms National Park and is home to over 200 animals, including native Scottish species as well as rare and endangered animals from the world's mountains and tundra regions.

Become immersed in the natural surroundings of the park while looking out for some of its most famous residents, including snow leopards, European grey wolves, bison, red deer, lynx and Scotland's only polar bears.

• Gift Shop • Restaurants • Car Park

★★★★ Visitor Attraction 

Open: Apr-Oct: 10am-5pm (last entry 4pm). Jul-Aug: 10am-6pm (last entry 5pm). Nov-Mar: 10am-4pm (last entry 3pm). Christmas Day - Closed

Admission: Adult £17.95, Child (3 - 15 yrs) £9.95, Child (under 3) Free, Concession £15.00.
*Book online and save!

NATIONAL TRUST for SCOTLAND **CULLODEN** OPEN ALL YEAR



CULLODEN - THE BATTLE THAT CHANGED THE HIGHLANDS. GET AS CLOSE AS YOU DARE!...




- ★ Immersion Cinema Battle experience like no other!
- ★ Inspired 'Outlander'! See where the real Jamie Fraser fought!
- ★ Family friendly Visitor Centre with Café
- ★ Read Bonnie Prince Charlie's letters
- ★ Peek inside the building that saw battle action
- ★ Walk the front lines and take a battlefield tour
- ★ Buy unique, authentic Culloden gifts in our shop
- ★ All spend on site supports conservation of the battlefield



For the Love of Scotland



ACCREDITED MUSEUM

For more info go to
www.nts.org.uk/culloden

Find us on   

nts.org.uk

The National Trust for Scotland is a Scottish charity, SC007410
All donations support the work our charity does to protect what makes Scotland so special





ARMADALE

CASTLE, GARDENS & MUSEUM OF THE ISLES

ISLE OF SKYE



DISCOVER OUR EPIC STORY

SCOTLAND'S MOST POWERFUL CLAN



Open March – November

WWW.ARMADALECASTLE.COM



NORTH COAST GLASS


Designed by Brodie Nairn & Nichola Burns



Discover luxurious glass art and tableware at one of the country's most exciting hot glass studios.













Come and visit us. Gallery open throughout the year
Monday To Friday 9am – 5.30pm Saturday 9am – 5pm (Or By Appointment)

2 Chapel Street, Tain, Ross-shire, Scotland, IV19 1EL Tel: +44(0)1862 893 189, info@NorthCoastGlass.com | Northcoastglass.com



Cawdor Castle & Gardens

Home of the Thanes of Cawdor for over 600 years






Facilities at Cawdor

Audio Guide available in over 10 languages
Licensed Courtyard Café . Coffee House . Wool Shop
Gift Shop . Highland Shop . Flower Garden
Wild Garden . Walled Garden . Nature Trails
9 Hole Golf Course . Putting Green . Picnic Area
Free Coach and Car Parks

Open every day
11th April - 4th October
10am - 5.30pm (last admission 5pm)

T: 01667 404401 E: info@cawdorcastle.com
W: www.cawdorcastle.com





HOME OF THE CHIEFS OF CLAN MACLEOD FOR 800 YEARS



DUNVEGAN
CASTLE & GARDENS

OPEN: 1 APRIL - 15 OCTOBER 10AM - 5.30PM (LAST ENTRY 5PM)
DUNVEGAN CASTLE, ISLE OF SKYE IV55 8WF

T: +44 (0) 1470 521206 INFO@DUNVEGANCASTLE.COM WWW.DUNVEGANCASTLE.COM

DALWHINNIE — ESTD 1898 — DISTILLERY



Dalwhinnie



Elevate your senses at the highest distillery in Scotland

Enjoy our award winning distillery tours and luxurious world class tastings, pairing our whiskies with the sublime chocolates of Iain Burnett, the Highland Chocolatier

Please refer to the website for opening times:
www.dalwhinnedistillery.com Book your tour on
01540 672219 or e-mail: dalwhinnie.distillery@diageo.com

DALWHINNIE DISTILLERY, DALWHINNIE PH19 1AA
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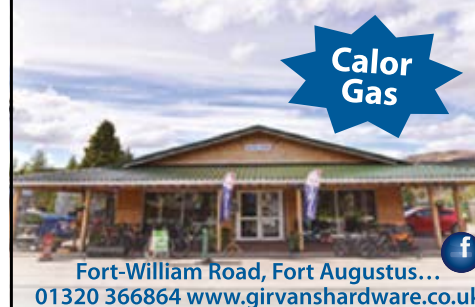
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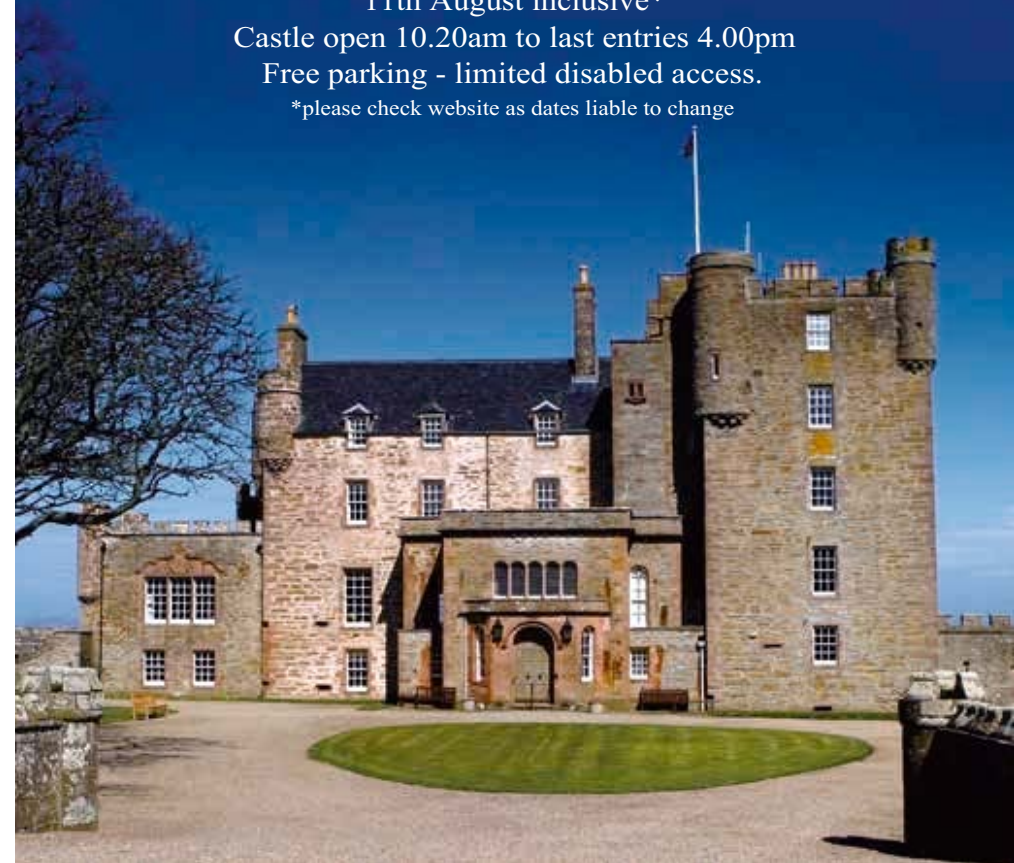


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Leisure activities

Activities – outdoor



By ROSEMARKIE

Map 1 D1

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Leisure activities

Country sports – fishing, shooting



GLEN STRATHFARRAR, by BEAULY(11 miles) Map 1 B2

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info@culliganfishing.co.uk
www.fishpal.com/scotland/beauly/culligan
Salmon/trout fishing (fly only) on the R. Farrar in the Beauly catchment. 5 miles bank fishing. Own transport & equipment essential.

Open: Apr-Oct, Mon-Sat. Salmon (Jul-15 Oct). Trout (Apr-Sep).
Admission: Fishing permits per rod per day (Not Sun). 15 minutes drive from Beauly. Please phone or email for further information, prices and directions.

Leisure activities

Mountain biking/leisure biking



INVERNESS

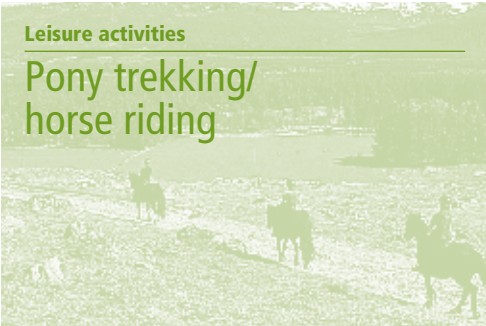
Map 2 C3

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COUGIE (CANNICH 10 MILES) Map 1 B3



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FINDHORN Map 1 F1

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Winter: Mon, Thurs, Fri, Sat: 11am-4pm, Sun: 12-5pm.
Tues and Wed closed.
Admission: Free: Dog friendly - Parking and café close to studio

FORT AUGUSTUS Map 1 B4

A glassblower working on a piece of glass.

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Main Road, Fort Augustus PH32 4BD
info@icebergglass.co.uk www.icebergglass.com
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INVERNESS Map 2 C2

A group of people in traditional Scottish kilts walking on a path.

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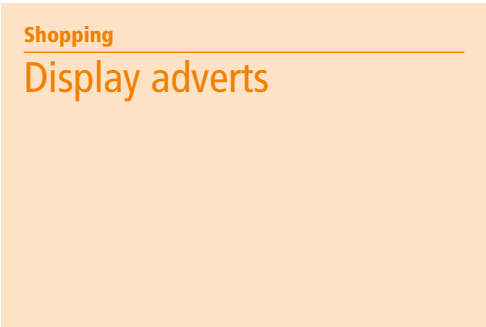
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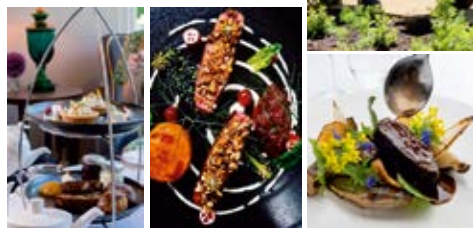


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Tours

Cruises



DRUMNADROCHIT Map 1 C3

Deepscan Cruises
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T: 01456 450573 debbie@lochness.com
www.lochness.com
Cruise on the research vessel used for the Loch Ness Project investigations. Meet our friendly project skipper and listen to his fascinating stories!



Open: Cruises run on the hour, every day: Easter - Oct (weather permitting).

Tours

Tours



INVERNESS Map 2 E4



Highland Explorer Tours
Departs from Inverness Bus Station IV1 1LT
T: 0131 558 3738 info@highlandexplorertours.com
www.highlandexplorertours.com

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Admission: Please see our website or phone to book.



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INVERNESS Map 2 C2



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• Guaranteed small groups • Guaranteed departures • Guaranteed experience

★★★★★ Tour •) PPP

Open: Tours operate all year round. Telephone line open daily: 8am-10pm.

Admission: Prices: Adult from £27; Student, Senior, Child (5 years+) from £24.

INVERNESS



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Stance 6, Inverness Bus Station, Inverness IV1 1LT
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- Famous John O'Groats • Orkney Islands tour

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KYLE OF LOCHALSH

**Skye Tours – Discover Skye**

Tourist Information, Station Road, Kyle of Lochalsh, IV40 8AE
T: 01471 822 716 M: 0781 478 4402 info@skye-tours.co.uk
W: www.skye-tours.co.uk

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Admission: From Kyle, Kyleakin & Broadford: Adult £50, Child £45. Family tickets & group discounts. Secure online booking. For Private Hire Availability & Rates please email info@skye-tours.co.uk

Tours

Wildlife trips



CROMARTY

Map 1 E1

EcoVentures

Harbour Workshop, Bank Steet, Cromarty IV11 8YE
T: 01381 600323 info@ecoventures.co.uk
www.ecoventures.co.uk

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**★★★★ Wildlife Experience**

Open: Daily sailings Apr-Oct. Weather permitting.
Admission: Adult £32, Children £25 (5-12yrs), Family tickets available

KYLE OF LOCHALSH

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Old Ferry Slipway, Kyle of Lochalsh, IV40 8AE
T: 0800 980 4846 M: 0781 478 4402 seaprobe@msn.com
www.seaprobeatlantis.com

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★★★★ Tour

Open: April 1st to October 31st. Regular Trips Daily. All scheduled sailing times on website - www.seaprobeatlantis.com. Book online anytime or in person at our Ticket Office.
Admission: Price indicator: 1 hr trips - Adult £15, Child £8. Group rates & Private Charter available. Coaches welcome. No age restrictions. TripAdvisor Certificate of Excellence 2019.

KYLE OF LOCHALSH

**Spirit of Adventure - Scenic Wildlife Trips**

Old Ferry Slipway, Kyle of Lochalsh IV40 8AE
T: 0800 980 4846 M: 0781 478 4402 info@the-spirit-of-adventure.co.uk
www.the-spirit-of-adventure.co.uk

Spirit of Adventure is a beautiful, fast, sleek & well-equipped charter vessel operating in an area of outstanding scenery coupled with a rich variety of wildlife - with resident year-round Sea Eagles, Seals, Otters & Porpoise, and visiting Dolphins & Whales each Summer. Trips vary from scheduled 2 hour wildlife trips to half day/full day island adventures & special transfers. Our experienced, friendly crew are committed to ensuring your time on board will be the highlight of your holiday - so all you need to bring is your own Spirit of Adventure!

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★★★★ Tour

Open: Open All Year. In summer, we offer regular 2 hr scenic wildlife or 3 hr combination wildlife/fishing trips. Or why not charter the boat for your own Special Adventure?

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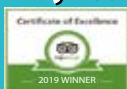


Price Indicator:
2hr - Adult £35, Child £25,
Family £120. Private Charter
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NAIRN

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Map 1 E1

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NORTH KESSOCK, By INVERNESS

★★★★ Hotel

Map 1 D2

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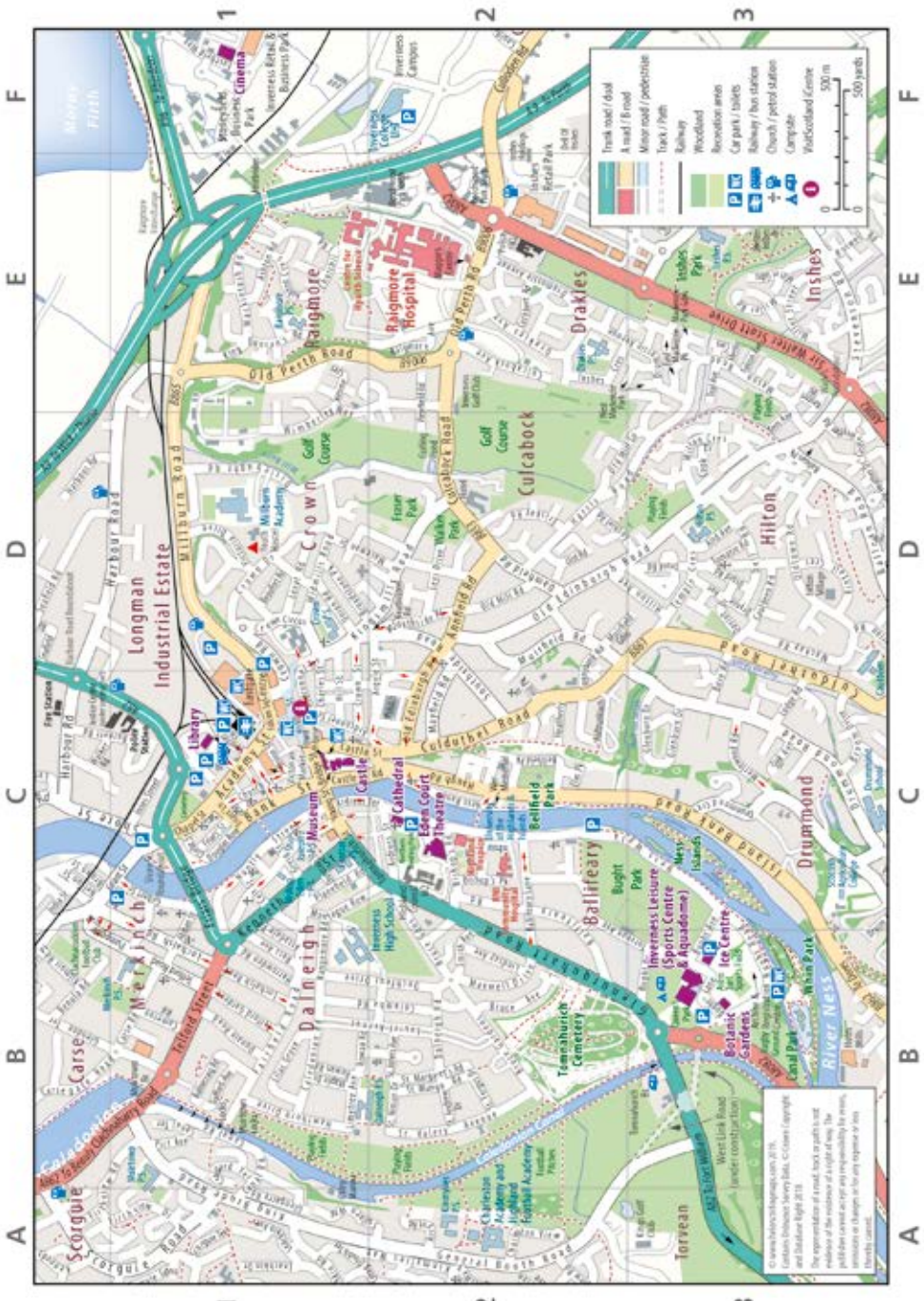
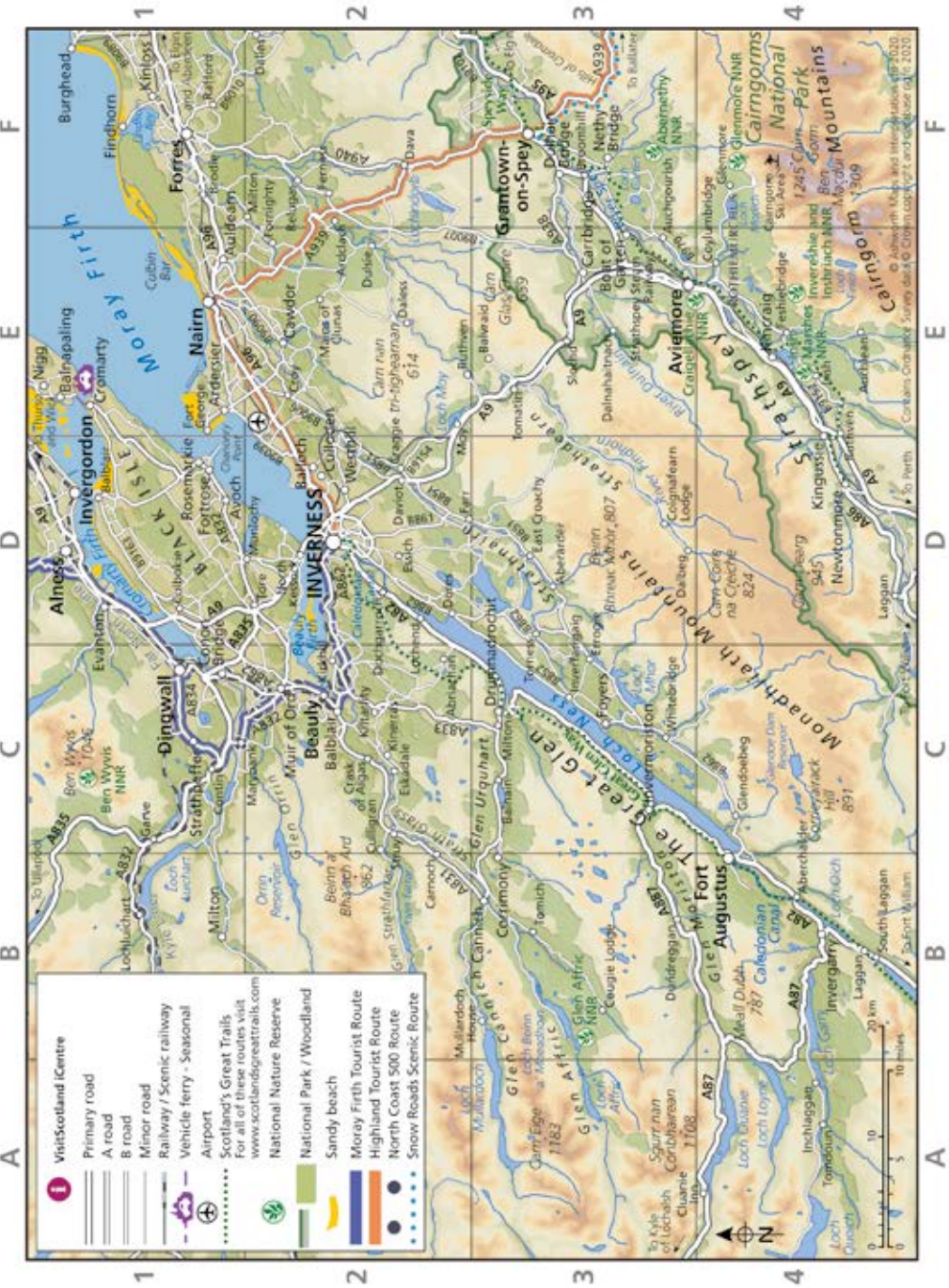
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River Ness, Inverness



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